

Welcome to Suffolk County Music Service Remote Learning for WCET Classes.

WCET Lesson 5 w/c 8 February 2021

Here are some musical activities for you to do at home or in school, and a new piece for you to learn to play on your instrument if you have it. If you don't have your instrument, don't worry! Listen to the piece instead and learn what it sounds like so that when you come back into school you can play with your class. **Have fun!**

Activity 1: Try a cups pattern

in 3 time with NYCOS

[Moses Supposes - YouTube](#)



Activity 2: Rhythm play-along in 3 time with the Greenhouse Waltz (grab some wooden spoons, pencils, or chopsticks!). Now listen to 'Moses Supposes' again and try playing it, counting to 3, with your sticks instead of cups. [Greenhouse Waltz YouTube link](#)



Activity 3: Listen,

Learn, Sing Swing! [Canon in Swing - YouTube](#)

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Activity 4: Here's your piece for this week: If you don't have your instrument, remember to listen, and learn the tune and rhythms anyway to play in class later.

First, try a bow warm up...Spider crawl Bow Exercise

[7. Spider Crawl - YouTube](#)

Bow Down O Belinda - Top Tips!

- *Bow Down O Belinda* is a traditional American song - try singing these lyrics to the melody, which you hear on the backing track...

*Bow down O Belinda,
Bow down O Belinda,
Bow down O Belinda,
You're the one I love!*

- See if you can spot our **pitch** pattern in the first section (4 4 4 2 2)
- If you're playing this one **arco**, use the bow energetically and **pull** the **down bows** and **push** the **up bows**.
- Listen carefully to the short and long sounds of new the **rhythm** in each **variation** before you play - you'll hear it whilst you're counting the **resting bars**. Try clapping it and saying our rhythm words too.
- If the piece feels too long at first, try just one section (A, B, & C) at a time, and then put them together.

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Click on the music icon to hear the backing track
OR use the mp3 backing tracks from your tutor

 Bows down O
 Bows down O
 Bows down O
 Belinda Cello SLOW 6 Belinda Cello MEDIUM Belinda Cello FASTER

Bow Down O Belinda

Cello

Traditional American Tune

Listen to the rhythm before you play...

A 2

Count 1234, 2234 walk walk walk walk

arco *G* *V* *D* *G* *D* *G*

walk walk walk walk Repeat

B 2 A new rhythm...

walk run - ning walk run - ning

G *V* *D* *G* *D* *G*

walk run-ning walk run-ning

C 2 Another new rhythm...

run - ning run - ning walk walk

G *V* *D* *G* *D* *G* *G* *D* *G*

run-ning run-ning walk walk Count 1234 walk walk walk

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